



Frederick Carl Nyman

July 17, 1968 - March 29, 2024

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On Good Friday, March 29th, Fred passed away near Poteau, Oklahoma; succumbing to injuries sustained in a motor vehicle accident.

Fred was born with the gift of cooking delicious food. A gift passed down from his mother, Deborah Hammonds who preceded him in death. Fred was an amazing Bar-b-que chef, specifically. He was also a skilled handyman as well as mechanic. Fun facts about Fred: He could burp the alphabet with ease and loved to make people laugh with his corny jokes. He loved the beautiful nature of his home state Colorado and was a fantastic skier. He enjoyed fishing, hunting and picking wild mushrooms. Fred was a part of many people's lives and was loved by all of them.

May God rest his soul.

Preceded in death by wife Kimberly K. Nyman and Mother Deborah Hammonds.

Surviving family members include, Stephen Nyman (Cathy), Fred's father. Britani Nyman, Fred's beloved daughter . Hayden Nyman, Fred's grandson; the love of his life. Amiel Bills(Jason) and Jasmine Hammonds (Billy), Fred's sisters. Fred is also survived by many extended family members who will miss

him dearly.

In lieu of flowers, please make donations in Fred's honor to: www.mentalhealthcolorado.org

Tribute Wall

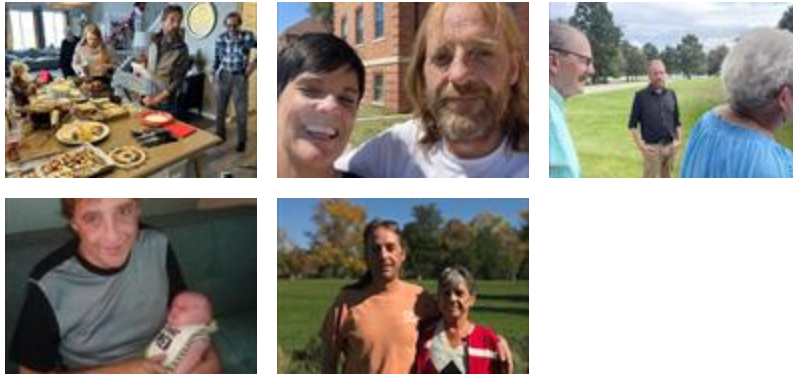
BF

“ I was at Fort Lyon and worked at the pig farm with Fred, I was googling him to try to catch up and pay him the \$150 I owe him from the last day I saw him. Dammit, what a bummer. He was such a cool guy with a fantastic and refreshing attitude. RIP Fred!

Brady Fosse - September 06, 2025 at 05:00 AM

AB

“ 6 files added to the tribute wall



Amiel Bills - April 04, 2024 at 04:55 PM

JH

“ Fred may your soul be at peace. I love you and I will always remember all the good times we had. Love your little sister. Jazzy

Jasmine Hammonds-christian - April 02, 2024 at 03:20 PM